COOK**FREŠH**.

Chicken Udon Noodle

with Mushroom & Boiled Eggs

Indulge in a comforting bowl of Chicken Udon Noodle soup with Mushrooms, and Boiled Eggs.

Kcal 978 | P 55 g | C 107 g | F

39g

Family Friendly

Quick and Easy Spicy



Before you start

Please wash your hands and rinse all fresh fruits and vegetables prior to cooking. Boil a water.

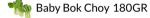
What you'll need

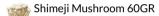
Chopping board, Knife, Salt, Black pepper, Cooking pot, Wooden spoon, Small cooking pot, Stainless spoon, Frying pan, Cooking pot, and Strainer.

Ingredients (2 persons)











Spring Onion 10GR

Jalapeno Peppers 20GR

Toasted Sesame Oil 10ML

Chicken Breast 240GR

Tamari Soy Sauce 30ML

Mirin 20GR

Water 800ML

Vegetable Cube 1Unit

Ramen Noodles 300GR

Nori Sheets 1GR

Mixed Sesame Seeds 1GR

Egg 2Unit

Method



Sauté the Chicken

Season chicken breasts with salt and black pepper. In a pan with oil over medium heat, cook the chicken for 7-8 minutes each side until golden, then drain on kitchen paper and slice. In a small pot, boil water, gently add an egg with a spoon, and cook for 6-9 minutes. Cool under running water, then peel.



Prep the Ingredients

Finely chop garlic and ginger. Cut bok choy lengthwise, quarter button mushrooms, shred shimeji mushrooms, slice jalapeño. and chop spring onion.



Cook the Noodles

In a large pot of boiling water, cook ramen noodles for 2 minutes, then drain and rinse under running water.



Simmer the Broth

In a pot with sesame oil over medium-high heat, sauté garlic, ginger, and all mushrooms for 3 minutes. Add tamari sauce and stir. Pour measured water into the pot, add a vegetable cube, and boil for 5-8 minutes.



Final Touches

Add bok choy and most of the jalapeño (spicy), season with black pepper and salt, and simmer until the bok choy is wilted.



Serve and Enjoy!

Tear **nori sheets**. In a bowl, place **noodles**, sliced chicken, and broth. Top with spring onions, remaining jalapeño (spicy), nori, and halved boiled egg.







